



AQUAVITAL

# aquaFit

Freude an Gesundheit

## AQUA-KURSE

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
12:15 – 13:10 <b>aquaCircle</b>	09:00 – 09:45 <b>aquaFitness</b> Tiefwasser	08:45 – 09:20 <b>Funkt. aquaFitness</b>	09:00 – 09:30 <b>aquaFitness</b> Tiefwasser	08:45 – 09:45 <b>aquaCycling</b>	09:15 – 10:00 <b>aquaFitness</b> Tiefwasser	10:30 – 11:25 <b>aquaPower</b>
13:15 – 14:00 <b>aquaFitness</b>	09:55 – 10:40 <b>aquaFitness</b> Fortgeschrittene	09:25 – 10:00 <b>Funkt. aquaFitness</b>	09:40 – 10:25 <b>aquaFitness</b>	09:55 – 10:40 <b>aquaFitness</b> Fortgeschrittene	10:10 – 10:55 <b>aquaFitness</b>	13:10 – 14:10 <b>aquaCycling</b>
14:30 – 15:30 <b>aquaCycling</b>	11:15 – 12:00 <b>aquaFitness</b>	10:30 – 11:30 <b>aquaCycling</b>	10:35 – 11:20 <b>aquaFitness</b> Einsteiger	10:45 – 11:30 <b>aquaFitness</b>		14:15 – 15:10 <b>aquaCircle</b>
16:30 – 17:00 <b>aquaFitness</b> Tiefwasser	17:00 – 17:55 <b>aqua Special</b>	17:45 – 18:30 <b>aquaFitness</b> Einsteiger	18:00 – 18:45 <b>aquaFitness</b>	18:15 – 19:15 <b>aquaCycling</b>		
17:10 – 17:55 <b>aquaFitness</b>	18:05 – 18:50 <b>aquaFitness</b>	18:40 – 19:25 <b>aquaFitness</b>	19:00 – 19:45 <b>aquaBootcamp</b>			
18:30 – 19:25 <b>aquaPower</b>	19:00 – 19:45 <b>aquaBootcamp</b>	19:30 – 20:25 <b>aquaPower</b>				